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Screening of Potential Cancer Inhibitors Using *Curcuma longa* **(Turmeric) Extract through Molecular Docking, ADME and DFT Methods**

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Authors' contributions

This work was carried out in collaboration among all authors. All authors read and approved the final manuscript.

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ABSTRACT

We herein report the cancer inhibition potentials of compounds extracted from *Curcuma longa* (Turmeric). The chemical contents were extracted in ethanol and chloroform respectively, analyzed with fourier transform infrared spectroscopy (FTIR) and gas chromatography mass spectrophotometry (GC-MS) techniques. The human progesterone receptor (4oar), epidermal growth factor receptor (4zau), and Human NUDT5 receptor (2dsd) were used as protein targets for the protein-ligand interaction using molecular docking method. Drug-like, pharmacokinetics, and pharmacodynamic properties were predicted using swissadme. Density functional theory (DFT) calculations were undertaken to relate the structures of the chemical constituents to their reactivities. The molecular docking results showed that the compounds identified in the

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GC-MS analysis interacted perfectly with the drug targets, Cyclohexadecane, 1,2-diethyl-, lunamarin and Cyclopenteno[4.3-b]tetrahydrofuran, 3-[(4-methyl-5-oxo-3-phenylthio) tetrahydrofuran-2-yloxymethylene]- gave the highest negative binding energy with the 4oar cancer protein target (-8.7 K cal mol⁻¹), lunamarin showed the best negative binding affinity (-8.5 K cal mol⁻¹) in the 4azu cancer protein while Benzo[h]quinoline, 2,4-dimethyl- showed the highest negative binding affinity (-7.6 K cal mol^{-1}) in 2dsd protein. SwissADME prediction results showed that the compounds have good pharmacokinetics, and pharmacodynamic properties: none of them violated more than one of Lipinski's rule, DFT calculations showed good relationship between the compounds and their reactivities. The results obtained from the experiments revealed that compounds contained in *Curcuma longa* could exert positive effects towards the inhibition of cancer cells.

Keywords: Cancer; turmeric; molecular docking, density functional theory, lipinski.

1. INTRODUCTION

Cancer is one of the world's life-threatening diseases, and leading cause of death in humans. It is the second most deadly diseases around the world [1,2]. Cancer is an illness that starts with genetic and epigenetic changes occurring in specific cells, and some of them can spread and migrate to other tissues in the body [3]. It occurs as a result of genetic cell damage which show division difficulty and mutation [4]. Cancer is named depending on the part of the body affected hence we have prostate cancer, lung cancer, breast cancer, brain cancer e. t. c.

Prostate cancer occurs when the prostate gland in men grows out of control and becomes malignant [5]. Lung cancer is the type that begins as a malignant growth in the lungs. People involved in cigarette smoking are at greater risk of contracting lung cancer.

Breast cancer is one of the most lethal diseases found in women, it presents symptoms such as change in breast shape, a lump growing in the breast, fluid from the nipple, skin dimpling and scaly or red patch of skin [6] depending on the type, stage and the age of the patient. It is the leading type of cancer in women [7]. Most cancer treatment methods show adverse side effects and drug resistance.

Molecular docking is a computer simulation method used in drug discovery to predict the binding procedures of ligands on protein targets. Bioactive materials called nutraceuticals, found in food sources such as turmeric can be used in the treatment of several diseases. Sourcing for molecular targets can help in the formation of disease-specific new therapies [8]. Nutraceuticals are natural food substances with therapeutic effects on human health that are found in dietary sources [9]. Molecular docking

enables one to predict the binding affinity of nutraceuticals (ligands) with protein targets.

Density functional theory is a computational chemistry method used to calculate electronic structures, it gives the most precise and reliable results for material systems [10], which can be compatible with experimental results.

Previously 90 % of drug failure was due to poor pharmacokinetic profiles [11,12], poor drug toxicity management and lack of drug likeness data [13] in view of these difficulties the efforts in drug developments have focused on improving the process of discovery of drugs by evaluating their absorption, distribution, metabolism, and elimination (ADME) properties of molecules in the early stages of drug production [14]. The present work tries to ascertain the bioactive components of *Curcuma longa* (Turmeric) and screen them for their cancer inhibiting properties using molecular docking method.

2. MATERIALS AND METHODS

2.1 Procurement of Reagents and Plant Material

Analytical grade reagents were used throughout the experiments, procured from a renowned reagent dealer in Owerri Imo State Nigeria. The *Curcuma longa* (Turmeric) rhizomes used in this project were harvested from the botanical garden of the Imo state university Owerri, sun dried, ground to powdered form using mortar and pestle. 400 g of the powder was soaked in 1 L of absolute ethanol and chloroform respectively and left for 72 h [15], the mixture was filtered with whatman grade 1 cellulose filter paper of size 580 x 680 mm the filtrate was concentrated and submitted for Fourier transform infrared spectroscopy and Gas Chromatography -Mass Spectrophotometry examinations.

2.2 Phytochemical Screening

To ascertain the functional groups present in the plant extract, FTIR analysis was performed. The analysis was done using SHIMADZU Model number 84008 at the facilities of the National research institute, Zaria Kaduna State Nigeria [16]. Phytochemical identification was done by GC-MS screening using an Agilent 19091S-433UI GCMS model with parameters HP-5ms Ultra Inert 0 °C—325 °C (350 °C): 30 m x 250 μm x 0.25 at the Amadu Bello university research laboratory. The obtained result was compared with the National Institute of Standards and Technology (NIST) mass spectral library [17].

2.3 Ligand Identification and Characterizations

The 3-Dimensional structure-data files (SDF) of the identified compounds were sourced and downloaded from pubchem online database and used as the ligands for the molecular docking interaction. The ligands were minimized in PYRX online virtual screening tool with a universal force field at step 200 [18].

2.4 Identification and Preparation of Target

Three cancer protein targets, the human progesterone receptor (4oar), epidermal growth factor receptor (4zau), and Human NUDT5 receptor (2dsd) were identified from literature [19-21] and downloaded from protein databank. The amino acids in the active site of the 4aor protein include GLN 718, ASN 719, GLU 723, GLN 725, LEU 797, GYS 891 and THK 894, for the 4zau protein, the amino acids of the active site are VAL 726, ALA743, MET 793, PRO 794, GLY 796 and CYS 797 and 2dsd has active site amino acids as TPR 28, THR 45, TRP 46, GLN 82, GLN 97, ALA 96, LEU 98, GLU 112, GLU 113, GLU 116 and GLU 166. protein preparation was achieved by uploading the proteins to Biovia discovery studio where the co-crystallized ligand and the interfering crystallographic water molecules were respectively removed. The proteins were then saved as protein data bank files and used as the macromolecule in PYRX software for the molecular docking analysis.

2.5 Molecular Docking Analysis

Molecular docking to give a prediction of the ligand-receptor complex, was performed using

the autodock vina found in PYRX visual screening molecular docking tool. The molecular docking analysis was achieved through two main interrelated steps: the first step was by sampling the conformations of the ligands in the active site of the target protein and the second is the ranking the conformations through a scoring function. The drug control used for the docking procedure was Abemaciclib, a drug used effectively for the control of cancer [22]. Post docking analysis was performed using the Biovia discovery studio [23] where the docking interactions were visualized.

2.6 Drug Properties Examination

The compounds with docking scores lower than -7.6 Kcal mol⁻¹ were selected and submitted to SwissADME (http://swissadme.ch/) to estimate ligands' drug-likeness, physicochemical properties, pharmacokinetics, and medicinal chemistry friendliness characteristics. The canonical simplified molecular input line entry system (smiles) of the identified compounds were obtained from pubchem online database and submitted to SwissADME [\(http://swissadme.ch/\)](http://swissadme.ch/) [24] for the adme analysis. The properties predicted were partition coefficient between n-octanol and water (log Po/w), water solubility, human gastrointestinal absorption (HIA), blood-brain barrier (BBB), drug-likeness and total polar surface area (TPSA).

2.7 Density Functional Theory Calculations

Calculation of highest occupied molecular orbitals (HOMO) and lowest occupied molecular orbitals (LUMO) energies were performed using Acceryl material studio 7.0 software [16]. Geometric optimization in the Dmol3 tool of the material studio software was performed prior to the calculations.

3. RESULTS

3.1 Fourier Transform Infrared Spectroscopy (FTIR) Results

FTIR examination was performed on the *Curcuma longa* powder and the spectrum is presented in Fig. 1 while the functional groups present are given in Table 1.

Fig. 1. FTIR spectrum of the *Curcuma longa* **powder**

S/No.	Wavenumber $(cm-1)$	Functional group	
	3298.7	OH of alcohol	
-2.	2959.5, 2929.7	CH stretch	
3.	2333.3	C-C	
-4.	1621.4	$C = C$	
-5.	1509.		

Table 1. Functional groups found in the *Curcuma longa* **powder**

The functional groups present indicated that the plant would be a good disease reducing material [16].

3.2 Gas Chromatography- Mass Spectrophotometry Result

GC-MS analysis was performed on the plant extract and the chromatogram from the ethanol extract is presented in Fig. 2 (a) whereas that from the chloroform extract is presented in Fig. 2 (b). Tables 2 and 3 show the compounds present in the ethanol and chloroform extracts respectively. Mass spectrum of some of the identified compounds are presented in Fig. 3.

3.3 Molecular Docking Result

To ascertain the Target-ligand interaction
between the targets and the identified between the targets and the identified compounds, molecular docking procedure was undertaken. The compounds exhibited varying degrees of binding on the binding packets of the cancer proteins as shown by the changes in the free energies (ΔG) values of the compounds.

Table 4 presents the docking free energies of some of the compounds with good binding affinities and the drug control while Fig. 4 shows the 3D and 2D protein ligand interactions of the selected compounds. Whereas, Cyclohexadecane, 1,2-diethyl-, lunamarin and Cyclopenteno[4.3-b]tetrahydrofuran, 3-[(4 methyl-5-oxo-3-phenylthio) tetrahydrofuran-2yloxymethylene]- showed the highest negative binding affinity $(-8.7 K cal mol⁻¹)$ in the 4aor cancer protein surpassing even the control ligand Abemaciclib $(-8.3 K cal mol⁻¹)$, in the 4zau protein, lunamarin gave the best negative binding affinity $(-8.5 K cal mol⁻¹)$ again surpassing the control ligand $(-8.2 K cal mol⁻¹)$, Benzo[h]quinoline, 2,4-dimethyl- gave the highest negative binding affinity $(-7.6 K cal mol⁻¹)$ in 2dsd cancer protein and this is very close to the control ligand $(-7.7 K cal mol⁻¹)$. The findings from this work suggest that these compounds could have positive effect on cancer cell inhibition when isolated from turmeric, Cyclohexadecane, 1,2 diethyl-, lunamarin and Cyclopenteno[4.3 b]tetrahydrofuran showed good interaction with GLN 725 at the active site of the 4oar protein

with Cyclopenteno[4.3-b]tetrahydrofuran showing more similar interaction at the active site by binding with LEU 718, CYS 891, LEU 797 and CYS 891 amino acids. In the 4zau protein, lumarin sowed similar interaction with the amino acid of the active site by binding to ALA 743, GLY 796, MET 793 and GLY 796, for the 2dsd protein Benzo[h]quinoline, 2,4-dimethyl- did not show similar binding to the active site amino acids.

Fig. 2(a). Chromatogram of the ethanol extract of *Curcuma longa*

Fig. 2(b). Chromatogram of the chloroform extract of Curcuma *longa*

Table 3. Compounds obtained from the GC-MS result of the chloroform extract of *Curcuma longa*

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 $m/z \rightarrow$

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Fig. 3. Mass spectrum of (a) Cyclohexadecane, 1,2-diethyl- (b) 1H-Indole-2-carboxylic acid, 6- (4- ethoxyphenyl)-3-methyl-4-oxo-4,5,6 ,7-tetrahydro-, isopropyl ester (c) Catechin (d) Cyclopenteno[4.3-b]tetrahydrofuran, 3-[(4-methyl-5-oxo-3-phenylthio) tetrahydrofuran-2 yloxymethylene]- and (e) Lunamarin

Table 4. Docking scores of some of the compounds with good docking scores

S/No	of Name	3D and 2D Interaction
442922	Lunamarin	A.IM \mathbb{R}^n Ξ^u_∞ lencio CO make then CO Exeminating mini- Market Market Eliminati Middlebarn
610182	Benzo[h]qui noline, 2,4- dimethyl-	踢 脁 VAL A-760 器 VAL 4.10 $\frac{\text{AIA}}{\text{A/163}}$ TRP A:755 颖 鳳 MET A:756 勋 飝 $\frac{1}{2}$ Ex. $\frac{\Box\, \alpha}{\Box\, \alpha}$ $\begin{array}{c} 0.01488 \\ 0.044 \end{array}$

Fig. 4. 3D and 2D protein-ligand interactions of some of the selected compounds

NRA-Number of rotatable bonds, HBA-Number of hydrogen bond acceptor, HBD-Number of hydrogen bond donor, TPSA-topological polar surface area, HIA- human gastrointestinal absorption, BBB- blood-brain barrier HBDNumber of hydrogen bond donor, NRB-Number of rotatable bond, logp=n-octanol/w

 \overline{a}

3.4 Drug Properties Result

To identify the molecules with best chances of becoming effective drugs for human consumption, swissADME evaluation was executed. The said molecule is expected to exhibit good biological activities. The result is presented in Table 5. One of the properties tested was the skin permeability coefficient (Kp) [25]. More negative values of log Kp (with Kp in cm/s), shows that the molecule will be less permeant to the skin, another important parameter predicted is the topological polar surface area (TPSA) which is used to estimate the membrane permeability efficacy of a compound, the range of value for the property is $20 \text{ Å} < \text{TPSA} < 130 \text{ Å}$. Interestingly only one of the molecules studied falls outside this range.

The water solubility parameter (log *S* (ESOL)) was also estimated, soluble molecules aids drug development processes [26], it is the property that determines drug absorption, the range of values for log S (ESOL) is $-6 < S$ (ESOL)) < 0 again only one of the compounds falls outside this range and five falls withing the range showing that they would be highly soluble in water and easily absorbed as drug samples.

The human gastrointestinal absorption (HIA) and blood-brain barrier (BBB) were also predicted. HIA [27] is a vital parameter for predicting the movement of the drugs to their targets, compounds having positive HIA are easily absorbed via the gastrointestinal tract when administered in oral form, one of the compounds studied has negative HIA while others have high HIA, the blood brain barrier (BBB) penetration screening showed that 4 of the compounds have negative penetration while 2 have positive penetration. The BBB regulates the drug permeability into the brain. The swissADME results showed that the compounds studied would serve as good drug candidates when administered in the correct dosage, none violated more than one of Lipinski's rules [16].

3.5 Density Functional Theory Result

To corelate the structures of the compounds to their reactivity, density functional theory calculations were undertaken, Calculations were done using the electronic structure program DMol3 in the framework of the Mulliken population analysis, the DND basis set and the Perdew-Wang (PW) local correlation density functional [28] whereas Fig. 5 depicts the

optimized structures, frontier molecular orbitals and funki functions of some of the compounds with good inhibition ability, Table 6 represents the quantum chemical descriptors derived from the frontier molecular orbitals including the ionization potential (I), electron affinity (A), energy gap $(E_{LUMO} - E_{HOMO})$, absolute hardness (η), softness (δ), absolute electronegativity ($χ$) and electrophilicity (ω) , The HOMO and LUMO molecular orbitals also known as the frontier orbitals describe the most reactive sites in the compound and they show the reactivity patterns of the molecule, whereas the HOMO orbital is an electron rich center waiting to donate to an electron deficient center , the LUMO orbital is an electron deficient environment waiting to accept electron from an electron rich center. The value of the energy gap ($E_{LUMO} - E_{HOMO}$) describes the chemical reactivity of the molecule, low values of $(E_{LUMO} - E_{HOMO})$ shows that the molecule can easily transfer electron and improves chemical reactivity [29]. The softness and hardness of a molecule describe the behavior of a molecule, while soft molecules show low resistance to change of electronic distribution during a chemical reaction, hard molecules show a high resistance to change of their electronic distribution in a reaction. The ionization potential describes the energy required to remove an electron from the ground state of the molecule while the electron affinity is the energy given off when a molecule in its ground state gains an electron, electronegativity is the ability of the molecule to attract an electron to itself. Electrophilicity (ω) is a factor that describes the electrophilic nature of a molecule; it predicts the propensity of a chemical specie to attract an electron to itself, with high values of electrophilicity characterizing good electrophilicity in a compound. The values of quantum chemical descriptors obtained in this study are comparable to what is obtained elsewhere [30,31] for
diseases inhibition study showing that inhibition study showing that compounds from *Curcuma longa* could be good inhibitors of cancer cells.

The expressions used to calculate the quantum chemical descriptors are as below:

$$
I = -E_{HOMO} \tag{1}
$$

$$
A = -E_{LUMO} \tag{2}
$$

$$
\Delta E = (E_{LUMO} - E_{HOMO})
$$
\n(3)

- $\eta = \frac{I-A}{2}$ 2 (4) 1
- $δ =$ η (5)

$$
\chi = \frac{l + A}{2} \tag{6}
$$

$$
\omega = \frac{x^2}{2\eta} \tag{7}
$$

Fig. 5. optimized structures, HOMO and LUMO orbitals, funki functions of the selected compounds

Table 6. Quantum chemical descriptors of the selected compounds

4. CONCLUSION

The compounds contained in *Curcuma longa* were extracted using ethanol and chloroform separately, the phytochemical contents were estimated by GC-MS method. Molecular docking procedure was used to investigate the compounds for their cancer inhibition properties, the result revealed that Cyclohexadecane, 1,2 diethyl-, lunamarin and Cyclopenteno[4.3 b]tetrahydrofuran, 3-[(4-methyl-5-oxo-3 phenylthio) tetrahydrofuran-2-yloxymethylene] showed the best inhibiting properties towards 4oar cancer protein whereas, lunamarin showed the best binding power towards the 4zau cancer protein and Benzo[h]quinoline, 2,4-dimethylshowed the best inhibiting potential towards 2dsd cancer protein. The drug likeness study using swissADME software showed that the compounds exhibited drug friendly properties none showed more than one violation of Lipinski's rule of five, the density functional theory calculations indicated that all the compounds had comparable energy gaps which is a good indication of their reactivity towards the drug targets, the results of the findings showed that *Curcuma longa* could be a good inhibitor of cancer growth and therefore isolation and critical study of its constituents are encouraged.

DISCLAIMER (ARTIFICIAL INTELLIGENCE)

Authors hereby declare that NO generative AI technologies such as Large Language Models (ChatGPT, COPILOT, etc.) and text-to-image generators have been used during the writing or editing of this manuscript.

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COMPETING INTERESTS

Authors have declared that no competing interests exist.

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